

Skelmersdale
and District

foodbank



COLLECTION POINT

Emergency food for local people in crisis

Please donate an item
or two from the list.

Thank you!

SHOPPING LIST

Milk (UHT or powdered)
Fruit juice (long life)
Soup
Pasta sauces
Tinned potatoes
Tinned tomatoes
Tinned vegetables
Cereals
Tinned rice pudding
Tea bags/instant coffee
Instant mash potato
Rice/pasta
Tinned Meat/fish
Tinned fruit
Jam
Biscuits or snack bars



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Registered Charity in England & Wales 1164302

